



Benefits for Teachers and Students

- Directly links to junior high curriculum outcomes for Healthy Living.
- Targets the substances junior high students are most likely to encounter: alcohol and cannabis.
- Provides teachers with up-to-date drug-use facts, statistics, and information on drug-related terminology and effects.
- Each unit is ready for use and includes learning plans, student handouts, slides, and progress assessment material.
- Each unit is designed to be delivered in approximately 6 hours, with learning activities ranging from 15 to 45 minutes in length.
- Contains advice on early identification and referral processes if a student demonstrates concerning alcohol or drug use behavior.



A Question of Influence
has its own website!

www.druged.ednet.ns.ca

Website features include:

- An easy to follow orientation tutorial that can be completed at your own pace
- A fully downloadable version of *A Question of Influence* curriculum supplement
- Full colour overhead slides in PowerPoint format
- Overhead slide masters in black and white
- Student handout masters in black and white
- An online forum for Educators and Addiction Services professionals to discuss experiences and share successes teaching addiction prevention curriculum

The website will be updated yearly.

To obtain a free print version order through www.ednet.ns.ca or call the Nova Scotia School Book Bureau at 424-5516. Reference stock number 64666.

For Further Information

- Contact your local Addiction Services (www.addictionservices.ns.ca)
- Contact your school's Active Healthy Living consultant
- Email DrugEducation@gov.ns.ca

A QUESTION OF INFLUENCE

CURRICULUM SUPPLEMENT

REVISED: FALL 08



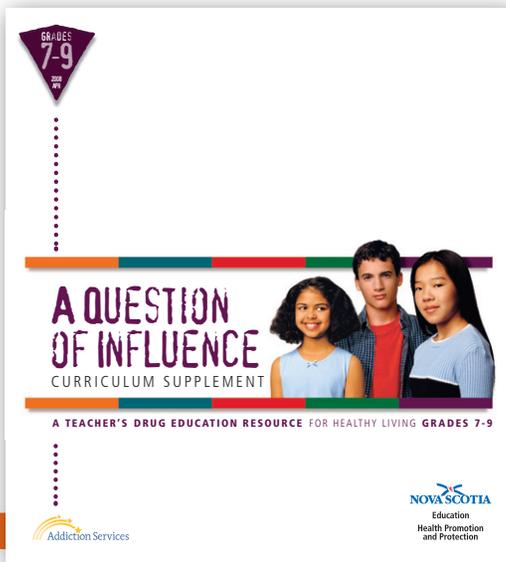
A TEACHER'S DRUG EDUCATION
RESOURCE FOR HEALTHY LIVING
GRADES 7-9

"A very interesting and informative resource that promotes good discussion [with students]."

— Grade 7 Teacher



NOVA SCOTIA
Education
Health Promotion
and Protection



[The supplement is] **“very well organized...the information precise and to the point; easy to understand.”**

– Grade 9 Teacher

The Department of Health Promotion and Protection and the Department of Education are pleased to announce the availability of ***A Question of Influence Curriculum Supplement: A Teacher's Drug Education Resource for Healthy Living for grades 7 - 9.***

Developed in consultation with students and teachers and tested in Nova Scotia schools, it is designed to prepare grade 7, 8, and 9 teachers to successfully deliver curriculum and create a safe environment for open discussion and activity.

“Students loved the WHOA model and use it in the halls [outside class] for more decision making.”

– Grade 7 Teacher

“Students enjoyed the activities and were interested and engaged in class discussion.”

– Grade 8 Teacher

“Students loved working in a small group, researching topics they were genuinely interested in.”

– Grade 9 Teacher

Curriculum Supplement Overview

Each grade unit is organized into three learning themes based on the Social Influences Model – the approach supported by 25 years of research to be most effective for junior high school drug education. These three learning themes are:

- 1. How I Influence Myself**
- 2. How Others Influence Me**
- 3. How I Am Influenced by the World Around Me**



Curriculum Supplement Goals

The grade 7 unit is designed to prevent or delay substance use by correcting misinformation about alcohol and cannabis, the two most commonly used substances among adolescents in Nova Scotia.

Students begin to explore factors that influence decision making and are introduced to the WHOA decision making model. Through realistic role-plays, they have opportunities to build their skills using the WHOA model.

The grade 8 unit strengthens students' understanding of influencing factors in an effort to help them make healthy choices. This includes exploring the influence of self, others, the broader community, and North American culture.

The grade 9 unit builds upon learnings in grades 7 and 8. The unit addresses the real possibility that students may find themselves in high-risk situations, particularly with respect to the use of alcohol. Through the activities, students are encouraged to “think for themselves” and will be presented with concrete information on what to do in high-risk situations.